# Rehabilitative Palliative Care: The case for change

**St Joseph’s Hospice, Mare Street, London, E8 4SA**  
**Friday 3 July 2015**

## Programme

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker(s)</th>
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<tbody>
<tr>
<td>10.00</td>
<td><strong>Welcome</strong></td>
<td>Michael Kerin, <em>Chief Executive Officer</em>, St Joseph’s Hospice</td>
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<td>10.05</td>
<td><strong>The case for change: Why rehabilitative palliative care must be part of hospice practice both now and in the future</strong></td>
<td>Rebecca Tiberini, <em>Therapies Services Manager</em>, St Joseph’s Hospice</td>
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<td>10.30</td>
<td><strong>The rehabilitation solution: optimising individual quality of life and adding economic value</strong></td>
<td>Dr Karen Robb, <em>Regional Rehabilitation Lead</em> for NHS England in London</td>
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<td>11.00</td>
<td><strong>Coffee break</strong></td>
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<td>11.20</td>
<td><strong>How ‘rehabilitative’ is your hospice? An honest assessment of where we are now to inform where we need to get to</strong></td>
<td>Caroline Quilty, <em>Specialist Dietitian</em>, St Joseph’s Hospice</td>
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<td>11.50</td>
<td><strong>Embracing a hospice culture of enablement: barriers to change</strong></td>
<td>Dr Diane Laverty, <em>Nurse Consultant</em>, St Joseph’s Hospice</td>
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<td>12.20</td>
<td><strong>Rehabilitative palliative care in practice: Film and expert panel discussion</strong></td>
<td>Dr Heather Richardson, <em>Joint Chief Executive Officer</em>, St Christopher’s Hospice and <em>former National Clinical Director</em>, Hospice UK</td>
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<td>1.15</td>
<td><strong>Lunch</strong></td>
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<td>2.00</td>
<td><strong>Core elements of rehabilitative palliative care:</strong></td>
<td><strong>Patient Centred Goal setting</strong>&lt;br&gt;<strong>Focus on Function (beyond symptoms)</strong>&lt;br&gt;<strong>Enablement</strong>&lt;br&gt;<strong>Self-Management</strong>&lt;br&gt;<strong>AHP Leadership</strong>&lt;br&gt;Helena Talbot-Rice, <em>Allied Health Professional Lead</em>, St Christopher’s Hospice&lt;br&gt;Plus Various Speakers TBC</td>
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<td>3.15</td>
<td><strong>Rehabilitative palliative care in your hospice: making the local case for change goal setting and priorities; the evidence base and economic value; ‘action and coping plan’</strong></td>
<td>Dr Heather Richardson, <em>Joint Chief Executive Officer</em>, St Christopher’s Hospice and <em>former National Clinical Director</em>, Hospice UK and Dr Matthew Maddocks, Cicely Saunders Institute, Kings College University</td>
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<td>4.15</td>
<td><strong>Close</strong></td>
<td>Rebecca Tiberini, <em>Therapies Services Manager</em>, St Joseph’s Hospice</td>
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