



# SBAR

A structured communication technique designed to convey a great deal of information in a succinct and brief manner. This is important as we all have different styles of communicating, varying by profession, culture, and gender.

**S** Situation  
A concise statement of the problem  
*What is going on now*

**B** Background  
Pertinent and brief information related to the situation  
*What has happened*

**A** Assessment  
Analysis and considerations of options  
*What you found/think is going on*

**R** Recommendation  
Request/recommend action  
*What you want done*



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