

Hospice care changes lives – Caroline’s story video transcript

“I’m Caroline, I’m 42 and I’m a mum, wife, sister and daughter.

“When you come to a hospice you look at your life differently, you question what’s important.

“As I walked through the hospice doors I really didn’t know what to expect but I was immediately put at ease, here I feel good about myself, I can be Caroline and not just an illness.

“The illness is put to the back of my mind and I laugh a lot.

“The staff are wonderful at managing and treating my pain but to be honest it’s the little things that make the biggest difference like having a gentle hand massage, getting into the bath with no fuss or looking at the beautiful gardens, it makes me feel alive.

“And there’s the comfort of knowing that my family are supported too.

“I don’t know how I would’ve managed without the hospice.”